

HANDI-CARE INTL.

(A Canadian Registered Charity)

Celebrates 20 Years of Service

Building a Centre for Early Intervention of Childhood Disabilities



Special 15 month calendar 2012 - 2013

President's message:

Dear Friends, Donors and supporters of Handi-Care Intl.,

It is with immense gratitude that I begin this message to all of you. Handi-Care Intl. was started in 1992 with a zeal to empower children and youth with disabilities, mainly in rural India, with education, rehabilitation and vocational training, with an end goal to place them in suitable jobs. Now, 20 years later we are proud to share many success stories with you. HCI has transformed lives of many disabled children, helped employ over 100 disabled youth and adults, thru services rendered by committed and meticulous organizations we work with.



In the same period, we have made landmarks by constructing educational centres and homes (see details in following pages). My heartfelt gratitude to the individual and group of donors for creating these long lasting monuments.

Our volunteer placements and clinical placements are very successful. Our Canadian students are learning and benefitting immensely from their experience.

I extend my sincere gratitude to each one of you, those serving selflessly on the HCI board, our sponsors of this event and advertisers, since you are behind every achievement of HCI. Now, I find myself committed to the cause for years to come. Knowing that you are all on my side, makes that commitment stronger than ever.

Thank you,

A handwritten signature in black ink, appearing to read 'Sulo Krishnamurthy'.

Sulo Krishnamurthy, President, HCI



HANDI-CARE INTL.

(Canadian Registered Charity since 1992)

Charity Registration # BN 889046397RR0001

711-168 Bonis Ave, Scarborough, ON, M1T 3V6

Tel: 416 293 3994

www.handicareintl.org e-mail: handicare@rogers.com

DEDICATED TO SERVING THE POOR, DISABLED & NEEDY SINCE 1992

Handi-Care Intl. (HCI) was founded as a registered charity in Canada in 1992 and since then we have focused on "Education, Rehabilitation and Vocational Training" of poor rural disabled children and youth. There are **199 such children and 30 youth under our full sponsorship and over 500 mentally or physically challenged individuals are the beneficiaries** of various general funding schemes we have initiated. We concentrate equally on educating the surrounding community both ethically and socially.

HCI is a volunteer driven organization. By keeping the administrative costs to the minimum, **HCI has consistently achieved a disbursement rate in excess of 97% to charitable activities.**

- ❖ **Our Mission:** To raise awareness about and Empower persons with disabilities through Education, Rehabilitation and Vocational training.
- ❖ **Our Mandate:** Relieving poverty by providing housing and related facilities for people with special needs as well as people who are destitute; relieving suffering due to disability by providing facilities for the care, maintenance, and rehabilitation; establishing and operating schools for higher education and for vocational training of the disabled.

HCI achieves its goals by working with organizations that fulfill all the criteria it sets forth, with high expectations of commitment, reputability, accountability and efficiency. HCI funds these organizations for specific projects and works hand in hand with them to ensure implementation and to keep the project under check. The chief among them is **AMAR SEVA SANGAM (ASSA)**, a nationally acclaimed organization in South India.

Sept. 2012

WHAT HAVE WE ACHIEVED SO FAR?

- ❖ Completed building an expansion of school at ASSA in 2012, with more classrooms and a science lab to accommodate the growing number of students - current strength is close to 870.
- ❖ Built the "Centre For Special Education" for 100 children afflicted with mental challenges in 2009. Pls. visit our website for details
- ❖ Re-built in 2005, a village in South India that was demolished by the Tsunami. Constructed 17 homes and resettled the families.
- ❖ Successfully placing Canadian student volunteers in India since 2003. See www.handicareintl.org/volunteer
- ❖ Clinical placements for students of Physiotherapy & Occupational therapy, from McMaster, McGill, Uni. of Toronto and Uni. Of British Columbia at ASSA, getting credits towards their degree.
- ❖ 208 children are under "Adopt A Child" sponsorships at ASSA. 66 additional students have completed and moved on to jobs or higher studies. Complete listing is available on our website.
- ❖ Well over 125 disabled youth have been sponsored for higher studies or vocational training since 2002 and almost all of them are well placed in jobs. Complete listing is available on our website.
- ❖ The "Meal for a Day" endowment has reached over 277 days

Thank you !!!

HCI takes this opportunity to thank MP Joe Daniel for being our special guest, all the performers of evening – RamyaLaya & Sanskriti Dance Academy, Ms. Shobha Shekhar, Ms. Shyamala Venkat and The SUR group and the MCs. We thank Rubicon Inc., for the juice boxes, all the sponsors and advertisers, volunteers who worked tirelessly to make this evening possible, Ms. Shabnam from "Dew Designs", other donors for the auction tables, Mrs. Kasturi Venkatesh & Mrs. Rama Subramanian for the beautiful painting donations, Mr. Mohan for sound management and SVBF for the facilities provided.

What have we done with your donations

HCI funds highly reputable, totally dedicated and accountable Non Governmental Organizations for chosen projects that fall under the mandate. HCI also develops initiatives and ventures for NGOs through the implementation of attractive and viable plans.

Allotment of funds to Partner organizations Based on 2002-2012 Data



72% Education, Rehabilitation & Vocational Training at Amar Seva Sangam (ASSA), Nesam & Maithri.

28% Buildings- Post Tsunami (2006), Centre for Spl. Edu. (2009), High School (2012), Early Intervention (2012).

Handi-Care Intl. has consistently maintained its operating expenses at an average of below 3%

❖ Close to \$ 1 Million to rural projects in India since 1992

- ❖ \$ 305,000 disbursed to Amar Seva Sangam & CREED for various building projects.
- ❖ \$ 270,000 in endowments and \$144,000 in yearly payments towards Adopt A Child & Meal For A Day programs.
- ❖ \$120,000, to support the higher education of almost 250 disabled youth.
- ❖ \$60,000- (2009-2012) for the intensive rehab of spinal cord injured.
- ❖ \$75,500 was given to ER High School-Trichy, Vivekananda School, Seva Sadan & for misc. projects across India.

Current focus: Build a centre for "Early Intervention" of developmentally challenged children

HCI has taken a project to expand services at the "Centre for Special Education" (CSE), with "Sensory Integration & Early Intervention" program for children 0 to 5 years of age. This involves building additional rooms, adding the necessary tools and equipments and hiring therapists who have specialized in Early Intervention, specific to the needs of the affected children. More on our website.....



Monday Morning School Assembly at Amar Seva Sangam

Handi-Care (HCI) has been supporting various projects at **Amar Seva Sangam (ASSA)** since 1992 and HCI is the major funding source for ASSA. ASSA is a highly reputable charitable organization in South India, offering dedicated services to empower the rural poor, disabled and disadvantaged. ASSA is run in a sprawling campus with 35 buildings, ranging from nursery to high school, Centre for special education, State of the art rehab centre, India Gandhi Open University, Vocational training centre, Medical testing unit, Book making centre, Prosthetic aids manufacturing unit, tailoring and handicraft section. The motto of ASSA is *"By the disabled, for the disabled"*. For more, visit the *"Amar Seva Sangam"* link on our website.



October 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 ●	9	10	11	12	13
14	15 ●	16	17	18	19	20
21 ●	22	23	24	25	26	27
28	29 ○	30	31			



November 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 ●	7	8	9	10
11	12	13 ● Deapavali	14	15	16	17
18	19	20 ●	21	22	23	24
25	26	27 ○	28	29	30	

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Empower with education

Pictured above is a student at Amar Seva Sangam's Integrated School who has been sponsored by Handi-Care Intl. Empowering with education in all levels is the basic principle through which a lot has been achieved in the past 20 years. Through HCI's sponsorships, over 450 children and youth have been receiving quality education in all levels, such as regular schooling, University and diploma courses at Indira Gandhi Open Uni., Special education at the Centre for Special Education (built by HCI). Vocational training in various skills and trades. Many of our students have gone on to study Law, Computer Sciences, Accounting, Commerce and other vocations. Over 150 of our sponsored students are gainfully employed



December 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6 ●	7	8
9	10	11	12	13 ●	14	15
16	17	18	19	20 ●	21	22
23	24	25  Christmas	26 Boxing Day	27	28 ○	29
30	31					

Tax efficiency of your donations :

Besides the personal satisfaction of charitable giving, the Canadian taxation rules make it very favourable to your bottom line. Here are some of the basic rules:

Generally you can claim donations up to 75% of your net income.

Donations made by you or your Spouse can be combined and claimed on one tax return.

Donations can be carried forward and claimed on your or your spouse's return in any of the next 5 years.

Both Federal and Provincial tax credits are applied on your donation and the amount of tax return is directly related to your tax bracket. The first \$200 gets the minimal, and any amount over that, gets the maximum credit. The more you donate or claim by combining, the higher the percent of return. For example, if your marginal tax bracket is 44%, your credit will be close to that rate or even higher.

Another smart way to donate is by donating your shares that are traded in the TSX. The tax laws even more favourable to you.

For complete article, visit our website...

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Happy NewYear!

HCI built this centre in Dec. 2012 at ASSA. The child, pictured above, is an example of who will benefit from Amar Seva Sangam's Early Intervention Program. This initiative aims to treat children under the age of 5 with delayed developmental milestones and develop a family centered intervention and rehabilitation program. With your help, Handi-Care Intl. has built this centre and added specialized equipment. This program will serve the intervention of 200 children in 800 surrounding villages under the age of 5 some of whom have already enrolled and others are currently on the waitlist. More on our website...

Newly Built Early Intervention Centre



January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Year's Day	2	3	4 ●	5
6	7	8	9	10	11 ●	12
13	14 Makar Sankranti	15	16	17	18 ●	19
20	21	22	23	24	25	26 ○
27	28	29	30	31		

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Clinical Placement Program

Pictured here is Robyn Smith with children at ASSA - Handi-Care Intl. has partnered with 4 universities- University of Toronto, Mc Master University, McGill University and University of British Columbia in Canada to create an accredited clinical placement for graduate students of Physiotherapy and Occupational therapy, at Amar Seva Sangam. Focus areas will include spinal cord rehabilitation and rehabilitation of children and youth with neuromuscular disabilities. If you are a physiotherapy or occupational therapy student, please consider applying. www.handicareintl.org/volunteer



February 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 ●	4	5	6	7	8	9 ●
10	11	12	13	14 Valentine's Day	15	16
17 ●	18 Family Day	19	20	21	22	23
24	25 ○	26	27	28		

From Rebecca Wightman, U of T:

"When deciding to go to India for the final clinical internship of my physical therapy program, I anticipated it would be an incredible experience. However, Amar Seva Sangam far exceeded my expectations. Not only was it a great opportunity in terms of experiencing in an exciting and different culture, but it was also an amazing learning experience. I worked with the Spinal Cord Injured patients for five weeks and had a lot of opportunity for independent hands on practice with the patients. **I feel I learned so much that I will be able to take back to Canada to put into practice. I would highly recommend an internship at Amar Seva Sangam to future physical therapy students, especially those who are interested in Pediatrics and/or Neurological practice.**"

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Spinal Cord Rehabilitation

Handi-Care Intl. has helped sponsor the rehabilitation of young adults with spinal cord injury through ASSA's Post Acute Care Spinal Cord Rehabilitation facility. These young adults are from poor families and are rendered paraplegic or quadriplegic after road or work site accidents. Patients undergo an intensive 6 to 18 month rehabilitation and vocational training program at the end of which most have regained considerable mobility and livelihood. Handi-Care Intl. sponsors 5 to 7 of them on an annual basis. Your participation for this would be much appreciated. See website under "Spinal Cord Injured"



March 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 ●	5	6	7	8	9
10 Maha Sivarathri	11 ●	12	13	14	15	16
17	18	19 ●	20	21	22	23
24	25	26 ○	27	28	29	30
31 Easter Sunday					Good Friday	

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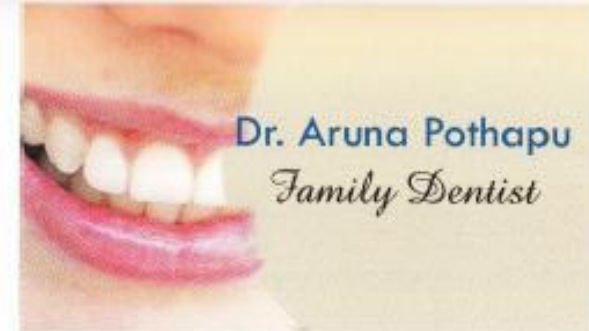
Volunteer Placement Program

Pictured here is Ruth with children at ASSA - Handi-Care Intl. **has been sending Canadians to India since 2003** to volunteer at Amar Seva Sangam. Volunteers have included students and professionals in health care and education. Our volunteers have contributed in many meaningful ways including conducting education sessions for special education teachers, CPR/ First Aid training, training staff in enhanced physiotherapy assessment and treatment tools, assessing and reporting on effectiveness of village based rehabilitation, and creating a proposal for the Centre for Special Education. Please visit www.handicareintl.org/volunteer



April 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Easter Monday	2 ☾	3	4	5	6
7	8	9 ●	10	11	12	13
14	15	16	17	18 ☾ Ramanavami	19	20
21	22	23	24	25 ○	26	27
28	29	30				



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Centre for Special Education

Handi-Care Intl's sponsored children enjoy playing in front of the centre built by us at Amar Seva Sangam campus. **Thanks to our generous donors, HCI constructed the Centre for Special Education in 2009 for children with special needs.** Handi-care Intl. also funded the training of teachers in special education. Currently, the school has over 100 students, grouped in 8 classrooms equipped with modern educational tools and learning aids, a physiotherapy room, and an outdoor play area. There are 12 special education teachers and teacher aids. **23 of these children are integrated in to the normal school since 2010.** Please visit our "Centre For Special Education" page under projects.



May 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 ●	3	4
5	6	7	8	9 ●	10	11
12	13	14	15	16	17 ●	18
19	20 Victoria Day	21	22	23	24 ○	25
26	27	28	29	30	31 ●	



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Sponsor a Youth Program

This highly successful program was launched in 2000 and HC has sponsored the higher education / vocational training of over 300 disabled students, through individual sponsorships. You can sponsor a youth for Cdn/US\$ \$600. This will provide the youth with quality University / diploma education, room and board, physical rehab through physiotherapy, Yoga and other activities. 95 youth under HCI sponsorships have completed the program and are gainfully employed proving to society that their disability is no obstacle to success. Visit our "Sponsor A Youth" link and consider sponsoring one.



June 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

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Adopt a Child Program

These 4 children with physical disabilities are examples of children who have benefited from Handi-Care Intl.'s Adopt a Child Program. Sponsorships from Handi-Care's generous donors go toward food, clothing, education, medical and rehabilitation expenses until high school is completed. Currently, HCI donors have sponsored over 250 children. Please consider sponsoring a child with just \$350 per year or creating an endowment with \$1800. Please visit our "Adopt A Child" link and look through the waiting list.



July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Canada Day	2	3	4	5	6
7 ●	8	9	10	11	12	13
14	15 ●	16	17	18	19	20
21	22 ○	23	24	25	26	27
28	29 ●	30	31			

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After School Fun
Disabled children at Amar Seva Sangam enjoy play time after school, in the playground built by Handi-Care Intl. Children are engaged in various fun filled activities that help with their overall development. Our Canadian volunteers have contributed significantly in this aspect, by teaching them dance, music, painting, art work, board games and other engaging and stimulating activities.



August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Civic Day	6 ●	7	8	9	10
11	12	13	14 ●	15	16	17
18	19	20 ○	21	22	23	24
25	26	27	28 ● Krishna Janmashtami	29	30	31

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Back to School Time

Children from poor families are sponsored by Handi-Care Intl. at Maithri Educational Trust, Chennai; an organization that provides scholarships to deserving students who are basically saved from child labour. Scholarships go towards school fees, uniforms, books and other academic expenses. **HCI has been sponsoring the education of 45 children at Maithri on an annual basis, since 2000. Some of our children are now attending Engineering, CA and Degrees in Computer Science. Just this year 2 students have completed Computer Engineering and are employed at Infosys and Wipro.**



September 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labour Day	3	4	5 ●	6	7
8 Ganesh Chaturthi	9	10	11	12 ●	13	14
15	16	17	18	19 ○	20	21
22	23	24	25	26 ●	27	28
29	30					

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HANDI-CARE INTL. BLOCK SIVA SARASWATHI VIDHYALAYA HIGH SCHOOL



New School – Handi-Care Intl. Block

Amar Seva Sangam runs an integrated school from Kindergarten to Grade 10 where disabled children study and learn alongside their peers. There was an urgent need to build new classrooms and laboratories for Grade 9 and 10 to facilitate uninterrupted schooling for the Grade 8 graduates and to enroll more students. **Our generous donors stepped up to the plate and have helped fund the completion of the Handi-Care Intl block of the Integrated School . The current school strength has exceeded 850, 10 – 15% of whom are disabled. Please visit the "School Expansion" link on our website. are Intl. Block**



October 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 ●	5 Navaratri begins
6	7	8	9	10	11 ●	12 Saraswathi Pooja
13 Vijayadasami	14	15	16	17	18 ○	19
20	21	22	23	24	25	26 ●
27	28	29	30	31 Halloween		

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Anton Voronoff, CH.P, CFP, FMA, FCSI
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Celebration Time

Handi-Care Intl's sponsored children enjoy a night of celebration during Deepavali, the festival of lights at the Amar Seva Sangam campus. Handi-Care Intl.'s target population is primarily in rural India, and services rendered include education and life-skills training, physical rehabilitation, vocational training, rural development, and training of Canadian volunteers. **It is time to start applying for your Volunteer / Clinical placement. Visit: www.handicareintl.org/volunteer.**



November 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 ● Deepavali	4	5	6	7	8 Kandha Shasti	9
10 ● Remembrance Day	11	12	13	14	15	16
17 ○	18	19	20	21	22	23
24	25 ●	26	27	28	29	30

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Meal for a Day Sponsorship

The disabled children pictured above are about to enjoy a special meal sponsored by a. Handi-Care Intl's *Meal for a Day* sponsorship allows people to choose a date such as their wedding anniversary, birthday, death anniversary of a loved one or other special occasion and donate towards the children's meals for that date every year. Please commemorate your special day by sponsoring a meal for these children by just \$160 donation. Details and a complete list of dates are at our website. Please click the "Meal For A day" link. **December is a month filled with the spirit of giving and blessings. You can positively impact the life of a disabled child and we pledge to help you accomplish that. You can send your donations on-line or by sending a cheque.**

Happy Holiday season & Happy New Year!!



December 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 ●	3	4	5	6	7
8	9 ●	10	11	12	13	14
15	16	17 ○	18	19	20	21
22	23	24	25 ● Christmas	26 Boxing Day	27	28
29	30	31 ●				

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Success Story of Sangeetha

Sangeetha, born in 1989 in to a very family was raised by her grandmother. She contracted Polio as a baby and her legs were severely affected. She was very intelligent, but unable to attend school due to lack of mobility. Her grandmother found out about Amar Seva Sangam and Sangeetha joined ASSA at a very young age. In 1995, HCI sponsored her under the "Adopt A Child" program.



After completing schooling, Amar Seva Sangam with **first rank and distinction**. Sangeetha pursued higher education. **She completed B.Sc degree in Zoology, then finished her B. Ed, followed by Master of Sciences in Zoology.** Currently, the twenty three year old has got admission for **MPhil degree** at Annamalai University. **She wants to become a professor and she is committed to helping other students with disabilities.**

We request one of you to come forward and sponsor her higher studies. Please contact us for details. There are several such success stories and we thank you for making them happen.

Ways You Can Help

Donate for the Early Intervention:
Suggested - Sponsorships for this project is welcome.

Adopt A Child (AAC): \$350 a year or a one time payment of \$1800 (Interest utilized), will sponsor the complete care of a disabled child, with food, clothing, education, rehab services.

Meal For A Day (MFAD): Interest earned on one time donation of \$160 will sponsor the meals of 25 disabled children on a chosen date every year.

Campus children Feeding : For \$250, about 400 children & youth receive special lunch on the date of your choice. You can celebrate your special day by choosing this plan.

Sponsor A Youth Scheme (SAY): \$600 a year will sponsor the complete care of a disabled youth who undergoes higher education and or Vocational training, leading to gainful employment

Make a Pledge

You can donate on-line by credit card or send cheque payable to Handi-Care Intl.

Address: 168, Bonis Ave. Unit 711,
Toronto, ON, Canada, M1T 3V6.

Please include your Name, Address and E-mail id. All receipts are sent via E-mails only.

Success Story of Rajeshwaran

S. Rajeshwaran, now 23 years old, was involved in a serious car accident in 2003. He sustained a neck injury which resulted in quadriplegia - paralysis from neck down. He was given the initial treatments at a nearby Govt. hospital and sent home. His poor family could not afford any form of rehab. The only exercise he received was from his mother. **In July 2008, he joined ASSA. Since then he has shown remarkable improvement in all areas. Notably, his hands have regained sensation and now he is studying for B. Com, along with Visual Basic and Accountancy. He also trained in Computer Programming and general administration. He is a symbol of self**



confidence and resolve. He continues to receive therapy at ASSA. **His skills are utilized at Amar Seva Sangam where he develops software and looks after the**

University administration. In a span of 3 years, 28 similar SCI's have undergone rehab and are currently employed. *More about them on our website under "Support SCI"*