



HANDI-CARE INT'L.

(A Canadian Registered Charity)



22nd Anniversary Souvenir Calendar - 2015

Released on Nov 01, 2014

To support Early Intervention of childhood disabilities

President's message:

Dear Friends, Donors and supporters of Handi-Care Int'l.,

It is with immense gratitude that I begin this message to all of you. Handi-Care Int'l., was started in 1992 with a zeal to empower children and youth with disabilities, mainly in rural India, with education, rehabilitation and vocational training, with an end goal to place them in suitable jobs. Now, 22 years later we are proud to share many success stories with you. HCI has transformed the lives of many disabled children, helped employ over 150 disabled youth and adults, through services rendered by committed and meticulous organizations, such as Amar Seva Sangam & Maithri we work with. In the same period, we have constructed education, Early Intervention and rehabilitation facilities to serve their needs.

This souvenir calendar show cases the "SUCCESS STORIES" of individuals, who have transformed their disability to ability due to the programs offered by ASSA and supported by HCI. These individuals are shining examples of what people with disabilities can achieve when given the right tools.

Another major progress is in the area of "Clinical Placements" for graduate students in Physiotherapy and Occupational therapy from universities all across Canada. This has created a platform to learn new techniques and experience working with children with a broad range of neuromuscular conditions. Such an experience is very valuable in Canada and feedback has been very favorable from students and preceptors. Knowing that I have a strong team of dedicated board and all of you, I find myself committed to the cause for years to come. With sincere gratitude,

Yours truly,



Sulo Krishnamurthy, President, HCI
November 1, 2014



HANDI-CARE INT'L.

(Canadian Registered Charity since 1992)

Charity Registration # BN 889046397RR0001

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e-mail: handicare@rogers.com

DEDICATED TO SERVING THE POOR, DISABLED & NEEDY SINCE 1992

Handi-Care Int'l. (HCI) was founded as a registered charity in Canada in 1992 and since then we have focused on "Education, Rehabilitation and Vocational Training" of poor rural disabled children and youth. There are **233 such children and 30 youth under our full sponsorship and over 525 mentally or physically challenged individuals are the beneficiaries** of various rehabilitation programs we have initiated. More than 130 children and 130 disabled youth have successfully graduated from our initiatives and are gainfully employed. We concentrate equally on educating and creating awareness in the surrounding community both ethically and socially.

HCI is a volunteer driven organization. By keeping the administrative costs to the minimum, **HCI has consistently achieved a disbursement rate in excess of 97% to charitable activities.**

- ❖ **Our Mission:** To raise awareness about and Empower persons with disabilities through Education, Rehabilitation and Vocational training.
- ❖ **Our Mandate:** Relieving poverty by providing housing and related facilities for people with special needs as well as people who are destitute; relieving suffering due to disability by providing facilities for the care, maintenance, and rehabilitation; establishing and operating schools for higher education and for vocational training of the disabled.

HCI achieves its goals by working with organizations that fulfill all the criteria it sets forth, with high expectations of commitment, reputability, accountability and efficiency. HCI funds these organizations for specific projects and works hand in hand with them to ensure implementation and to keep the project under check. The chief among them are **AMAR SEVA SANGAM (ASSA)**, a nationally acclaimed organization, **and Maithri** in South India.

Our achievements

- ❖ **Built an “Early Intervention Centre”** at Amar Seva Sangam (2012) for children from 0 to 5 years of age, with developmental delays
- ❖ **Built a school expansion at ASSA (2012)**, with more classrooms and a lab to accommodate the growing number of students. Currently, the school has an integrated enrollment of more than **900 students**.
- ❖ **Established Volunteer / Clinical Placements for OT/PT graduates from Canada:** Selected students from Canadian Universities are placed at ASSA every year, leading to credits towards their degree in Physio or Occupational therapy. Other volunteers are also placed. **2 professional OTs will be volunteering at ASSA for 2 months in early 2015. This will enhance the current treatment protocol at ASSA**
- ❖ **Built the “Centre For Special Education” (2009)** which provides a full range of rehabilitation and educational programs for **over 170 children with intellectual challenges**.
- ❖ **Re-built** a village in South India that was demolished by the 2004 Tsunami. Constructed 17 homes and resettled the families.
- ❖ **233** children are under current sponsorships. In addition, **121** children have successfully completed schooling and are employed.
- ❖ **30** disabled youth are sponsored yearly for higher studies or vocational training. **150** youth under HCI's sponsorships have completed studies and are placed in gainful employment, since 2004.

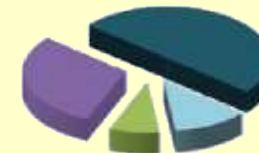
Thank you !!!

HCI takes this opportunity to thank all **performers of this evening**, donors, sponsors, and advertisers. Thanks to our volunteers and board members who have worked tirelessly to make this event happen. Thanks to Sri. **Chandramouli Pundit** and **Sultan of Samosas** for donation of many food items, **SVBF** for the facilities, **Mr. Hemant Thiru** -our MC, **Mr. Gary Gurmukh & Mr. Vineet Gupta** for donation of 1st & 2nd raffle prizes, Other raffle donors, **Mr. Mohan** for ably managing the sound and **Limelight Services** for calendar production and of course to all of you – without your unflinching support, we couldn't have progressed so well in our mission!!

What have we done with your donations?

HCI funds highly reputable, dedicated and accountable Non Governmental Organizations for chosen projects that fall under the mandate. HCI also develops initiatives for NGOs through the implementation of attractive and viable plans.

Allotment of funds to Partner organizations Based on 2002-2013 Data



- 46% Education & Rehabilitation sponsorships for disabled and poor children
- 33% Buildings- Post Tsunami (2006), Centre for Spl. Edu. (2009), High School (2012), Early Intervention (2012), Life Care Centre (2013).
- 12% Education, Rehab, Voc. Training for youth & Canadian student placements
- 9% Rehab and empowerment of Spinal cord injured

Handi-Care Int'l. has consistently maintained its operating expenses at an average of below 3%

❖ **HCI has disbursed \$ 1.3 Million to rural projects in India since 1992**

- ❖ **\$ 588,000** in endowments and in yearly payments towards Adopt A Child, Meal For A Day and other educational programs – included are ER High School-Trichy, Vivekananda School, Seva Sadan & Dream School – Bangaluru
- ❖ **\$ 450,000** disbursed to ASSA & CREED for various building projects.
- ❖ **\$160,000** to support the higher education of almost 250 disabled youth.
- ❖ **\$110,000** (2009-2014) for the intensive rehab of spinal cord injured.

Current focus: "Early Intervention" of developmentally challenged children from ages 0 to 5

Since the project's inception in 2012, 300 children are enrolled in that program. HCI donors have sponsored 30 of these children. Our goal is to sponsor another 100 in the next 2 years. You can sponsor individual children with an yearly sponsorship of \$400 or an endowment of \$2000 (one time payment). Please visit www.handicareintl.org/EI and view the details of the program and the children in the waiting list.



Sankara Raman is Amar Seva Sangam's (ASSA) Honorary Secretary and the driving force behind this revolutionary institution's success. Under Sankara Raman's leadership, ASSA has become a premier rehabilitation and education facility for people with disabilities in rural India. Affected by muscular dystrophy, Sankara Raman has been a wheel-chair user since the age of 12. He overcame many obstacles, including social stigmas and limited access to support services, to become a successful chartered accountant (CA). A turning point in his life occurred in 1990 when he decided to leave his CA practice in order to be a full-time social entrepreneur and advocate for those with disabilities. He has won several awards and recognitions, including the President of India's award, CNN Hero, Super idol (2010). In October 2014, through the help of Handi-Care Intl. volunteers, Sankara Raman and ASSA entered into a partnership with the Government of Canada through Grand Challenges Canada which is dedicated to supporting Bold Ideas with Big Impact®. Through this exciting partnership, ASSA will create innovative technology applications and telecommunications which will enable access to early intervention therapy for children with delayed development throughout rural India.




January 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
			New Year'ss Day			
4 ○	5	6	7	8	9	10
11	12	13	14  Pongal	15	16	17
18	19	20 ●	21	22	23	24
25	26	27	28	29	30	31


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Waseem is a 4 year old boy who was first seen by Amar Seva Sangam field workers at the age of 1. His parents had noticed frequent falls and balance issues, but did not realize that there were any developmental issues. ASSA's field workers measured a large head circumference and immediately referred him to ASSA's medical team who made the diagnosis of hydrocephalus (a condition characterized by too much fluid in the brain). Arrangements were made for an operation to shunt the fluid out of his brain and thanks to a Handi-Care Intl donor's sponsorship, he was enrolled in ASSA's early intervention (EI) program, where he received therapy to improve his mobility and cognitive development. He was given AFOs (ankle foot orthotics) to improve his muscle strength and now he is able to sit and stand independently. Due to his rapid improvement in development with EI therapy, he has been successfully integrated into a local nursery school where he enjoys learning and playing alongside his peers.



February 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 ○	4	5	6	7
8	9	10	11	12	13	14
15	16  Family Day	17  Maha Sivarathri	18 ●	19	20	21
22	23	24	25	26	27	28



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Deepak Lal (Left) grew up in Uttarakhand and was orphaned at an early age after his parents died in a bus accident. Tragedy struck again in his youth, when he was involved in a car accident that caused a spinal injury and left him paralyzed from neck down. He was languishing in a government hospital with severe bed sores, when a Handi-Care Intl. supporter told him about Amar Seva Sangam and sponsored his rehabilitation. He received excellent nursing care, plastic surgery for his bed sores and daily physiotherapy, yoga therapy and vocational training. His upper extremity strength has improved and he now operates a motorized wheelchair. He also learned the Tamil language and now works for Amar Seva Sangam as an email promoter and office manager. His goal is to help others with disabilities enjoy the success he has achieved.



March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 ○	6	7
8	9	10	11	12	13	14  Karadaiyan Nonbu
15	16	17	18	19	20 ●	21
22	23	24	25	26	27	28  Rama Navami
29	30	31				

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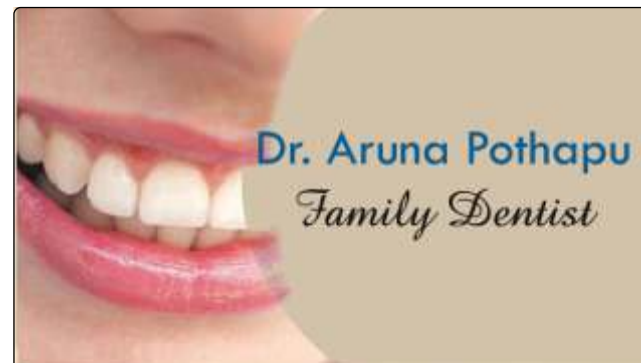


Mahalakshmi seen here throwing a ball, is another one of our success stories. She was brought to Amar Seva Sangam at the age of 2 by her parents because she was unable to walk, stand or speak clearly. She was diagnosed with cerebral palsy and provided with early intervention therapy at our centre. Her therapy included speech, physio and occupational therapy, all thanks to the donations of Handi-Care Intl. sponsors. Her mother was also educated about her condition and was taught how to provide early intervention techniques at home. Mahalakshmi has made immense gains, including learning how to speak and walk with support. Now, at the age of 4, Mahalakshmi attends a local preschool and with the help of ASSA, is experiencing an inclusive environment and enjoying her childhood with her peers.



April 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	 3 Good Friday	4 ○
5	 6 Easter	7	8	9	10	11
12	13	 14 Tamil New Year	15	16	17	18 ●
19	20	21	22	23	24	25
26	27	28	29	30		



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These four children with physical disabilities are examples of children who have benefited from Handi-Care Intl.'s very successful *Adopt a Child Program*. Sponsorships of \$350/year from HCI's generous donors go toward food, clothing, and education, as well as medical and rehabilitation expenses for disabled children until high school is completed. Over 300 disabled children have been “adopted” over the years and many have completed high school and gone on to higher education and successful careers. Many of these children are breadwinners for their families. They act as examples in their communities of how successful people with disabilities can be.



May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 ○	4	5	6	7	8	9
10	11	12	13	14	15	16
17 ●	18  VICTORIA DAY Victoria Day	19	20	21	22	23
24	25	26	27	28	29	30
31						

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Mohan was approximately 6 months old when his parents noticed that he was having delayed milestones. Doctors at the local government hospital reassured his parents repeatedly. However, at the age of 2, he was unable to communicate and had behavioural difficulties. His mother then joined a women's self-help group and the group leader referred Mohan to Amar Seva Sangam's early intervention program. He was diagnosed with cerebral palsy and was enrolled in ASSA's early intervention program and was sponsored by a donor through Handi-Care Intl. The focus of his early intervention education plan (EIEP) was on communication and behavioural therapy. After 2 years of therapy, he has learned to speak and is independent with a number of activities including feeding. He has also had significant improvement in his behaviour. Mohan has been successfully integrated into the local primary school, where he is able to interact with teachers and children without parental supervision.



June 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 ○	3	4	5	6
7	8	9	10	11	12	13
14	15	16 ●	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

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David suffered a spinal cord injury after a fall from a tree that left him paraplegic at the age of 12. Coming from a family with minimal resources and education, he received no surgical treatment or rehabilitation. He was bedridden with no bowel or bladder control and completely dependent in all activities of daily living. Thanks to Handi-Care Intl.'s support, he was admitted to ASSA's spinal cord rehabilitation centre in 2009. After 1 year of intensive rehabilitation provided for free, he learned self- catheterization, wheelchair / tricycle propulsion and bowel management. He was also provided vocational training in cell phone repair. He is now a successful entrepreneur who is fully independent in his Activities of Daily Living, running his own cell phone spare parts and service business.



July 2015


Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1  Canada Day	2	3	4
5	6	7	8	9	10	11
12	13	14	15 ●	16	17	18
19	20	21	22	23	24	25
26  Onam	27	28	29	30	31  Guru Purnima	



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Melanie was a physiotherapy student at McGill University seen here interacting with children with disabilities at Amar Seva Sangam in early 2014. Handi-Care Intl.'s clinical placement program has been one of our most successful undertakings. We now have affiliations with University of British Columbia, McGill University, Western University, Queens University, McMaster University and University of Manitoba to provide accredited 6-8 week clinical placements at the Amar Seva Sangam campus for graduate students of Physiotherapy and Occupational therapy. Students have not only gained immensely from the experience, but have made significant contributions. For example, Melanie conducted courses on wheelchair safety, work related back and neck pain prevention and home adaptations. In 2015, OT students from Canada will be accompanied by registered OTs from Canada during their clinical placement in India.



August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3  Civic Holiday	4	5	6	7	8
9	10	11	12	13	14 ●	15
16	17	18	19	20	21	22
23	24	25	26	27	28  Varalakshmi Vratam	29  Avani Avittam ○
30	31					



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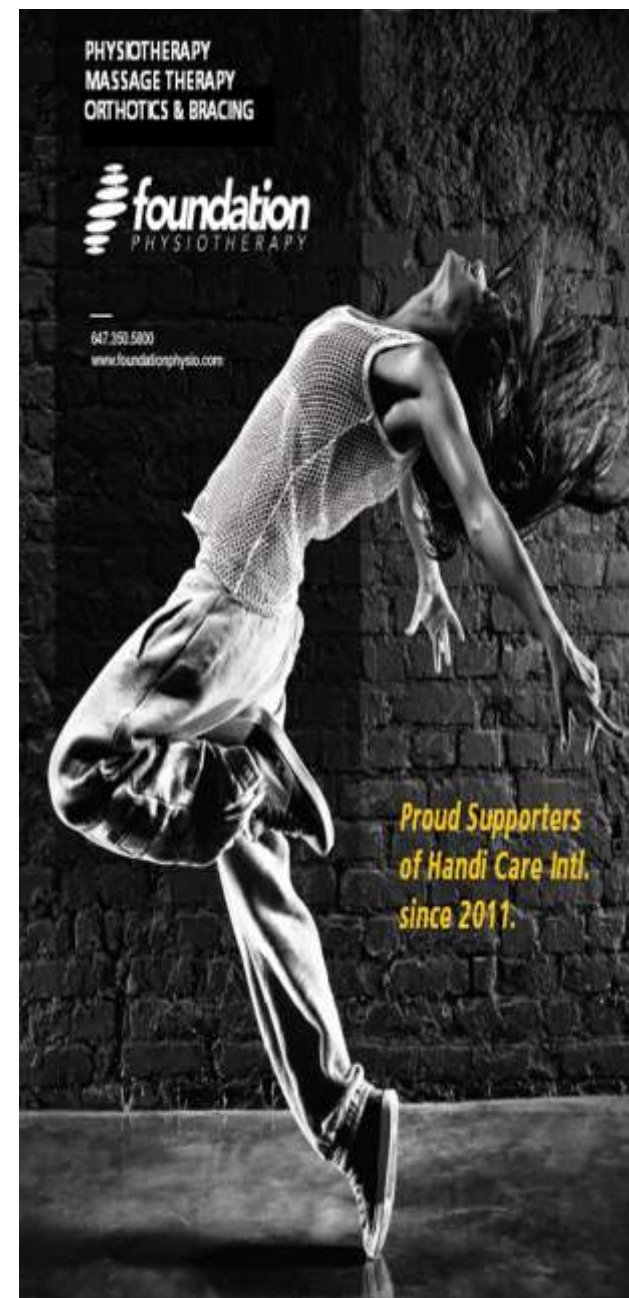


Pictured above are children at Amar Seva Sangam's integrated school, many of whom have been sponsored by Handi-Care Intl.'s supporters. The school integrates children with physical and intellectual disabilities alongside their peers in an open and nurturing environment. One of Handi-Care Intl.'s greatest successes has been the creation of educational endowments, whereby the interest generated on a \$2000 endowment helps support students. HCI donors have created more than 300 endowments, which cover children's school expenses including books, supplies and uniforms, in addition to their rehabilitation and food expenses.



September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5  Janmashtami
6  Labour Day	7	8	9	10	11	12
13 ●	14	15	16  Vinayaka Chaturthi	17	18	19
20	21	22	23	24	25	26
27 ○	28	29	30			



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Mohamed Sha was affected by polio in his lower extremities at a young age and is unable to stand or walk. At the age of 13, realizing the challenges of attending a regular school, he joined Amar Seva Sangam's integrated school and stayed at ASSA's youth hostel. As a youth in rural India, he had never even seen a computer. However, after joining ASSA, he immediately showed an aptitude for computer technology. Thanks to the donations of Handi-Care Intl's supporters, after high school, Mohamed joined the Bachelor of Computer Application program at Indira Gandhi Open University located in the ASSA campus. He became proficient in software development, web design and audio / video editing. He works as a Programmer at ASSA. He is also employed by Handi-Care Intl. as our primary office assistant, graphic and web-designer and has in fact designed this calendar. His goal is to motivate others with disabilities to become educated and successful in life.



October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 ●	5	6	7	8	9	10
11	12 ● Thanksgiving 	13 Navarathri Begins	14	15	16	17
18	19	20	21  Saraswathi Pooja	22  Vijaya Dasami	23	24
25	26	27 ○	28	29	30	31

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One of Handi-Care's most successful sponsorship program is the Meal For a Day program. This program allows donors to choose a special date, such as a birthday or anniversary, and sponsor a nutritious meal for 25 children in Amar Seva Sangam's school and residence program. From a single endowment of \$160, this program continues to feed ASSA children every year. Another very successful program is The Campus Feeding which is a one time sponsorship that feeds 300 children on a special day of your choice for \$200. We have over 360 MFAD sponsorships that celebrate our donors' special days. Every year close to 10,000 meals are served to children with disabilities, thanks to Handi-care Intl's supporters.



November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10  Deepavali	11 ●	12	13	14
15	16  Skanda Shasti	17	18	19	20	21
22	23	24	25  Karthigai deepam	26	27	28
29	30					

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Muppudathy and Kanagalakshmi are students at the new high school built by Handi-care Intl. on the Amar Seva Sangam campus. Being wheel-chair users, attending a government school in their home town was impossible due to an environment with many barriers to wheelchairs. Thanks to generous Handi-Care Intl. donors from Canada, the construction of a barrier free high school facility has allowed more than 100 students to attend this integrated high school where disabled students learn alongside their peers. These two girls, who otherwise may not have attended high school, have achieved extraordinary success at ASSA's integrated high school. They plan on going to university to study engineering and education.



December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11 ●	12
13	14	15	16	17	18	19
20	 21 Vaikunda Ekadasi	22	23	24	 25 Christmas	26
27	28	29	30	31		

Ways you can participate and help - HCI

Adopt A Child (AAC): \$350 a year or 3 endowments of \$1800 (Interest utilized), will provide a disabled child with home care, food, clothing, education (Integrated), and rehabilitation services such as physiotherapy, occupational therapy, speech therapy.

Adopt an Early Intervention Child : \$400 a year or an endowment of \$2000 (Interest utilized), will provide complete Early Intervention services (special therapies, equipments and home follow up) to a child between age 0 to 5 and at that point the sponsorship will move on to another child.

Meal For A Day (MFAD): Interest earned on a one time donation of \$160 will sponsor the meals of 25 disabled children on a chosen date every year.

Campus / Mini campus Feeding : You can celebrate your special day by choosing the Mini feeding plan. **For \$200, the 300 children** will receive a special lunch. For **\$400**, the entire campus of about **600 people**, including staff, children & youth receive a special lunch on the date of your choice.

Sponsor A Youth (SAY): \$600 a year will sponsor the complete care of a disabled youth who undergoes higher education and/or vocational training, leading to gainful employment.

Go Dhaan (Donate a cow) – For \$1000, you can donate a milk yielding young cow with a calf. The cow will produce milk and milk products for the residing and day care (Close to 300) children for several years.

Rehabilitate A Person with Spinal Cord Injury (RSI) : \$4000 a year will sponsor one year's rehabilitation for a patient with spinal cord injury. Each patient receives 4 hrs of daily physiotherapy, a personal attendant, vocational training, counselling, and complete medical care, which may include surgery and hospitalization.

General : Any amount, which will go a long way to fund all rehab activities.

Please visit www.handicareintl.org for further details.

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HANDI CARE INT'L
Registered Charity Helping the Needy and Disabled

handicare@rogers.com



Sugandhi Srinivasan - 2014

We proudly present our "Visitors from Canada" who took time and made an effort to visit Amar Seva Sangam and spent time at the facility, imbibing the numerous activities, services and opportunities offered by Amar Seva Sangam. Each one of them came back saying "What you tell us and show us here is miniscule compared to what we saw and experience at Amar Seva Sangam. We came away wanting to go back and came away energized and motivated....". Due to space restrictions, we could only display a few of our visitors. We encourage you to see the rest on our website.



Meena & Srin Srinivasan - 2013

"WALKATHON" (on Sep 14, 2014) – our first endeavor, initiated and led by our Mississauga volunteer group, was a grand success, lots of fun and everyone from all age groups had a wonderful time. So, going forward, this will be one of our Annual events. We want all of you to come out, get fit and have fun, while helping a great cause!!



Girija & Ananthanarayanan - 2008



Shantha Sathi & Granddaughters - 2014



Latha Sukumar - 2008



Walkathon Volunteers - 2014



Gita Sankaran - 2009



Sugantha & R.K. Moorthy - 2010



Shanti Menon - 2011



Uma & Chandrasekar - 2013



Meena & K. Suppiah - 2006