



Newsletter 202- Jul 12, 2022

Dear Sulo,

We are happy to announce our Continuing Holistic Living series at 11 a.m. to 12 noon every Wednesday starting July 13, 2022. Ms. Amita Gupta will be talking on topics that include insights on Ayurvedic and home remedies. More info at www.handicareintl.org



Amita Gupta holds a Masters of Science (Botany). She has been teaching Yog since 1999 with Ambika Yog Kutir, Toronto. In 2009, she gained certification as a Yog Instructor from Patanjali Yogpeeth. Most recently, she trained and received certification in massage therapy and pressure points in Kerala, India.

She has continued teaching Yog at several locations like schools, community centres and temples in the GTA. She is a proud mother of three children, and four grandchildren and is now senior citizen. She wants everyone to learn and practice yog, and have an understanding of ayurved and home remedies for good health and for living a disease-free lifestyle. According to her, good health is in everyone's hands.

- Open ZOOM App
- Enter Meeting Number : 827 086 5065
- Password (New) : 123456
- (OR)
- Use this link : <https://us02web.zoom.us/>

Gift Certificate:

Give a **GIFT CERTIFICATE** to someone you love for their Birthday / Wedding Anniversary / any significant occasion.

Do you want to celebrate someone's Birthday or Wedding Anniversary or any important occasion? You can now send them a Gift Certificate which would be a donation to Handi-Care Intl. on their behalf. You can select from options to feed the children on that special day or put the money

towards buying an assistive device for a child in need or just a general donation. Please [CLICK HERE](#) to fill out your form and send the Gift Certificate to someone special on his/her special occasion.

Current campaigns, requiring your help

Sponsor a child in Early Intervention

Help us achieve sponsorship of 100 children from the 'Sponsor 100' project in the [Early Intervention](#) program where **4,700 children** are enrolled. With as little as **\$35 per month per child**, you can transform the lives of these children. Your donation will be used for [rehab therapies and training](#).

Upon sponsorship, you will receive: Official Tax Receipt, a Photo, profile, and details of initial assessment, Updated progress reports twice a year there after

Assistive devices Program - 2022

Close to 5000 children and youth with various disabilities at Amar Seva Sangam, India, are supported by Handi-Care Intl. Many of them need essential mobility devices and equipment **which they cannot afford. This includes hearing aids, walkers, wheelchairs, supportive chairs, orthotics, magnifiers, standing boards, and other assistive technology.** Please [click here](#) for complete details. **We request your support for this much-needed program. The list of beneficiaries and their requirements are listed by name. [See the list](#)**

Please add our email addresses, newsletter@handicareintl.org, and communication@handicareintl.org, phone number, 647-853-4419 to your contact list so our emails/messages can reach your inbox.

Thank you!

Warm Regards,

Handi-Care Intl. Team



Handi-Care Intl. Registered Canadian Charity #BN889046397RR0001
<https://www.handicareintl.org/>

Our mailing address is:

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