



HANDI-CARE INTL. (HCI)

Canadian registered charity Dedicated to helping the
Poor & Disabled, since 1992

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Newsletter- 114 - May 17, 2016

REGISTER ONLINE NOW !!!
(if you haven't already done)

WALKATHON - 2016
MAY 29, 2016

DEAD LINE FOR REGISTRATION IS ON MAY 25, 2016

Location : Erindale Park (Mississauga Road and Dundas Street West.)

AREAS C AND D

**PARKING IS LIMITED..... CAR POOL AS MUCH AS POSSIBLE AND ARRIVE
EARLY!!!!**

Check in : 9.30 a.m.
Entry Fee: Ages 13+ yrs : \$20
Ages 3 to 12: \$10

E-Tickets were issued to all registrants to date and will be issued to who ever registers. Please remember to print or show in your phones at the welcome table. This will enable fast entry.

"A whole day of family fun, with food stalls, activities for everyone and more....."

"TODDLERS TO ADULTS, YOU CAN RUN, YOU CAN WALK, OR EVEN CRAWL!"

**Please register online ASAP... we need the head count for our food stalls,
T-Shirts, games and activities**

Online Registration / Pledge
Manual Registration / Pledge

Tentative program schedule:

- **9:30 am - Check-in, Register for Yoga, games at the welcome table**
- **Breakfast available for a nominal price**
- **Coffee**
- **Stretch and warm up**
- **10 to 11 am - 5 km (or more or less - as your stamina permits) walk around the beautiful park**
- **11 am onwards - Children's activities, games for adults etc...**
- **Face painting, Henna for children**
- **Food stalls open for lunch**
- **Yoga session**
- **Raffle draw with fabulous prizes**
- **DONT forget to bring your hats**
- **Wear good walking / running shoes**

Get your friends, colleagues and anyone else to pledge for you or someone who is walking, since you are doing for a great cause !!

Registrations and pledges are tax-deductible, Handi-Care Intl. will issue receipts. All the money raised will go towards Early Intervention for children with disabilities in India as well as in Canada.

New initiative by HCI for local children in GTA !! A lot of children with Cerebral Palsy require a very unique and specialized surgery called SDR, which is not covered by our health insurance. HCI is raising funds to support these children. Please visit our website for further details. Every \$ of your support counts... Our target is to raise \$ 25,000 in sponsorships and pledges...This will support and sustain our focus on Early Intervention of childhood disabilities and SDR surgery.

visit <http://www.handicareintl.org>

For more information contact: Phone : 416 293 3994 / 647 338 4747

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