7/25/22, 4:36 PM News Letter Model



## HANDI-CARE INTL. (HCI)

Canadian registered charity Dedicated to helping the Poor & Disabled, since 1992
168 BONIS AVE. Unit 711, Scarborough, ON, Canada, M1T 3V6
Tel:416 293 3994
handicareintl@gmail.com www.handicareintl.org

Newsletter- 115 - May 27, 2016

We are almost here.....

**WALKATHON - 2016 Sunday, MAY 29, 2016** 

**Location:** Erindale Park, Mississauga

(Mississauga Road and Dundas Street West.)

AREAS C AND D

PARKING IS LIMITED..... CAR POOL AS MUCH AS POSSIBLE AND ARRIVE EARLY!!!!

Check in: 9.30 a.m.

Entry Fee: Ages 13+ yrs: \$20

Ages 3 to 12: \$10

"TODDLERS TO ADULTS, YOU CAN RUN, YOU CAN WALK, OR EVEN CRAWL!"

"A whole day of family fun, with food stalls, activities for everyone and more....."

E-Tickets have been issued to all registrants. If you don't have one yet, please e-mail us back and we will send you one. Please remember to print and bring or show your e-tickets in your phones at the welcome table. This will enable fast entry.

For those who haven't registered yet,

Please <u>register online</u> ASAP... we need the head count for our food stalls, T-Shirts, games and activities

7/25/22, 4:36 PM News Letter Model

It's still not too late .... Get your friends, colleagues and anyone else to pledge for you or someone who is walking, since you are doing so for a great cause !!

Registrations and pledges are tax-deductible, Handi-Care Intl. will issue receipts.

All the money raised will go towards Early Intervention for children with disabilities in India as well as for special surgery and therapy for children in Canada.

**Program schedule:** 

9:30 am - Registration and South Indian breakfast; coffee (For a nominal cost)

Stretch and warm up

10:30 am - 5 km Walk - You are free to walk more or less as your health permits.

**Simultaneous activities:** 

11:00 am – Face painting, Henna tattoos, Crazy hair, sports - for children

11:30 - Yoga (free), Lunch stalls open (nominal cost)

12 noon -Games for ALL, Photo booth

2:30 - Raffle draw

Fabulous prizes... including 25,000 Aeroplan points giveaway

**DONT** forget to bring your hats

Wear good walking / running shoes

**Bring cash** 

visit http://www.handicareintl.org

For more information contact: Phone : 416 293 3994 / 647 338 4747

Email: handicareintl@gmail.com

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