



HANDI-CARE INTL. (HCI)

Canadian registered charity, Dedicated to helping the Poor Disabled, since 1992

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Newsletter-155 - Sept. 06, 2019

We are almost there!!

WALKATHON - Sunday, SEPT 8, 2019 - Register / Buy tickets

All set for a day of family fun!!

9:00 am- Registration

9:45 am - Stretch and get ready

10:00 am - 10:30 am Walk

9:00 am - Face painting, Henna, Crazy Hair

10.30 Partner Yoga followed by bollywood dancing

11:30 am – Lunch - Chaska Indian food (combos); Pizza

12:30 - Pinata

12:45 - Children's Races and Games

1:30 pm - Raffle Draw

2 pm - close

Arrive on time... car pool if you can....

Dress warm, track pants or any comfortable outfit, Walking shoes, hat, sunscreen

Get your T- Shirts and we would like you all to wear them for the Walk

No breakfast provided this year, but lunch will be ready at 11:30 am

Bring your spouse / partner for Partner yoga... Yoga mat is optional

Children's wrist bands are \$20 and that includes their lunch and all activities (face painting, henna, crazy hair, games, Pinata)

Lunch is priced nominally.... bring cash (we also take credit card)

FABULOUS RAFFLE PRIZES

You have the option to purchase tickets online

\$100 - 10 Tickets | \$40 - 3 Tickets | \$20 - 1 Ticket

☐ **FIRST PRIZE : 2 Return Tickets to Singapore - Value: \$3000**

☐ **SECOND PRIZE - Luxury Weekend Cottage Stay - Value: \$2500**

☐ **THIRD PRIZE - 2 Raptors Platinum Tickets - \$600.**

☐ **FOURTH PRIZE - Raptors Jersey - \$300.**

☐ **FIFTH PRIZE - SPA Treatment Voucher - \$300**

And More Prizes - 5 Chaska gift cards - \$50 each

If you can not attend the Walkathon and you win one of the prizes, you will be notified by email after the draw on Sept. 8th



Handi-Care International

Charity Reg.No.: 889046397RR0001

www.handicareintl.org

A registered Canadian charity dedicated to serve the poor and disabled since 1992

WALKATHON

Sunday, September 08, 2019 - 10:00 am

Registration starts at 09.00 pm

Erindale Park – AREAS C & D (Mississauga Road and Dundas Street West.)

Raising funds for Early Intervention therapy for children with delayed development

Money raised will be matched by Grand Challenges Canada

'A day of family fun, with food stalls, activities for everyone and more...'

Age 13 & above \$20.00 Age 3 to 12: \$10

Sponsorship /Ad is invited at \$2000, \$1000, \$500 and \$250 will be matched by Govt of Canada

Register Online : <http://handicareintl.org/Walkathon/>

Phone : 416 293 3994 / 647 338 4747

Email: info@handicareintl.org

Tax receipts will be issued for all donations of \$20 and more.

Remember to bring your HAT and Umbrella



Fun activities for all:

Stretch, strengthen and warm up...

5 km walk or your choice of walks as you wish in 2 areas of the park

Children Walk 1 to 1.5 KM

Food Stalls - for a nominal price.

Face Painting, Henna & Games for Children

Yoga, Bollywood dance, Games & Activities for all ages

Remember to bring Cash...

Fabulous Raffle Prizes

***2 return tickets to Singapore,
Weekend Cottage stay,
Raptors platinum ticket,
Raptors Jersey & More...!!***

Raising Funds for Early Intervention of childhood disabilities

This is HCI's flagship project cosponsored by Grand Challenges Canada on a donation matching basis. We offer EI therapy (Physio, Occupational, Speech, Special ed., life skills), assessments and follow ups for 900 children with delayed development and conditions such as Cerebral Palsy, from 800 rural villages in Thirunelveli Dist., South India. This project is successfully implemented at Amar Seva Sangam, India. This has become the model project and currently undergoing scale-up to the state level in Tamil Nadu.

Visit : www.handicareintl.org/Walkathon

[Click here](#) to view last year Walkathon Photos

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