

Doctor Yourself - Naturopathy course starts on Apr 23, 2022

1 message

Handi-Care Intl. NL <newsletter@handicareintl.org>
Reply-To: "Handi-Care Intl. NL" <newsletter@handicareintl.org>
To: Sulo <info@handicareintl.org>

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Handi-Care Intl.


We Can Make A Difference

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Newsletter 198 - April 12, 2022

Doctor Yourself - Naturopathy course Starts on Apr 23, 2022


Free Online Holistic Wellness Series - starts on Apr 23rd, 2022



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Resonance
The Yoga Studio



DOCTOR YOURSELF
A Course on
Naturopathy Healing System

Falguni Sheth

RESONANCE - THE YOGA STUDIO is immensely proud to announce its course -
DOCTOR YOURSELF

Dear Sulo,

DOCTOR YOURSELF - Naturopathy Healing System !! offered by Ms. Falguni Sheth

Health is not destiny; it's a choice- which we need to make right now. Don't miss this rare opportunity to empower you to take charge of yours and your family's health.

Note: Registration is mandatory.

Sign up to get a free course on Naturopathy, Diet plan, Vegan Recipes e-books and much more, from a renowned Naturopath / Yoga teacher from India! Apart from the knowledge and insights she will give you an ACTION PLAN that you can begin with immediately.

Ms. Falguni Sheth specializes in:

- Ashtanga Yoga, Advance Pranayamas, Pre & Post Natal Yoga, Yoga Therapy for various Physical & Mental Disorders, Shuddhi-kriya, Meditation, Naturopathy for Health Management, Pre & Post Natal TTC, Yogic Counselling, Corporate Yoga, Yoga for Senior Citizens and Yoga for Special Kids.
- Falguni has several degrees and certificates on various disciplines and is very eager to share and teach everyone who wishes to learn and improve their quality of life.
- She has conducted several corporate and individual seminars and classes on the above-mentioned branches in India and internationally.
- Ms. Falguni is a recipient of several awards and recognitions.

The entire course is over a 3 week period, starting on Saturday, Apr 23rd, 2022.

- The first session will be an interactive zoom session, where Ms. Falguni will give an orientation from 10 am to 11 AM, EST, on Saturday, Apr. 23rd.
- After that 3 lessons per week (total of 8 lessons) will be shared with the registrants by email for the next 3 weeks. (The lessons will be available for a 3 month period).
- At the end of the 3 weeks, another live zoom session will be held to answer all your questions.
- The e books, recipes and diet plans are free for you to keep.

Registration Link : https://us06web.zoom.us/meeting/register/tZEpcisqj4jGdMJppG9LMiUxv61YFF_4j_p

Gift Certificate:

Give a **GIFT CERTIFICATE** to someone you love for their Birthday / Wedding Anniversary / any significant occasion.

Do you want to celebrate someone's Birthday or Wedding Anniversary or any important occasion? You can now send them a Gift Certificate which would be a donation to Handi-Care Intl. on their behalf. You can select from options to feed the children on that special day or put the money towards buying an assistive device for a child in need or just a general donation. Please [CLICK HERE](#) to fill out your form and send the Gift Certificate to someone special on his/her special occasion.

Current campaigns, requiring your help

Sponsor a child in Early Intervention

Help us achieve sponsorship of 100 children from the 'Sponsor 100' project in the [Early Intervention](#) program where **4,700 children** are enrolled. With as little as **\$35 per month per child**, you can transform the lives of these children.

Your donation will be used for [rehab therapies and training](#).

Upon sponsorship, you will receive: Official Tax Receipt, a Photo, profile, and details of initial assessment, Updated progress reports twice a year there after

Assistive devices Program - 2022

Close to 5000 children and youth with various disabilities at Amar Seva Sangam, India, are supported by Handi-Care Intl. Many of them need essential mobility devices and equipment **which they cannot afford. This includes hearing aids, walkers, wheelchairs, supportive chairs, orthotics, magnifiers, standing boards, and other assistive technology.** Please [click here](#) for complete details. **We request your support for this much-needed program. The list of beneficiaries and their requirements are listed by name. [See the list](#)**

Please add our email addresses, newsletter@handicareintl.org, and communication@handicareintl.org, phone number, 647-853-4419 to your contact list so our emails/messages can reach your inbox.

Thank you!

Warm Regards,

Handi-Care Intl. Team

Handi-Care Intl. Registered Canadian Charity #BN889046397RR0001
<https://www.handicareintl.org/>

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