

### Doctor Yourself - Naturopathy course starts on Apr 23, 2022

1 message

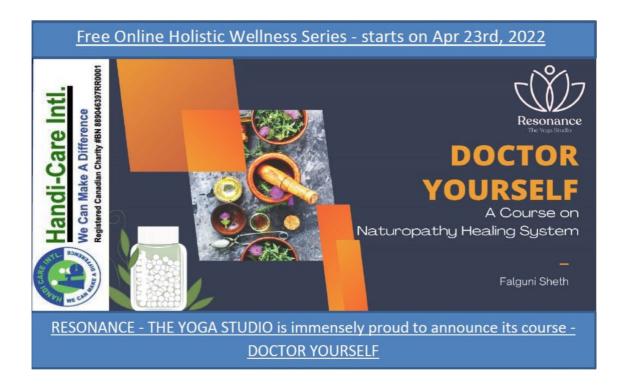
Handi-Care Intl. NL <newsletter@handicareintl.org> Reply-To: "Handi-Care Intl. NL" <newsletter@handicareintl.org> To: Sulo <info@handicareintl.org> Wed, Apr 13, 2022 at 2:23 AM

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## Newsletter 198 - April 12, 2022

# Doctor Yourself - Naturopathy course Starts on Apr 23, 2022



Dear Sulo,

## **DOCTOR YOURSELF -** Naturopathy Healing System !! offered by Ms. Falguni Sheth

Health is not destiny; it's a choice- which we need to make right now. Don't miss this rare opportunity to empower you to take charge of yours and your family's health.

#### Note: Registration is mandatory.

Sign up to get a free course on Naturopathy, Diet plan, Vegan Recipes e-books and much more, from a renowned Naturopath / Yoga teacher from India! Apart from the knowledge and insights she will give you an ACTION PLAN that you can begin with immediately.

#### Ms. Falguni Sheth specializes in:

- Ashtanga Yoga, Advance Pranayamas, Pre & Post Natal Yoga, Yoga Therapy for various Physical & Mental Disorders, Shuddhi-kriya, Meditation, Naturopathy for Health Management, Pre & Post Natal TTC, Yogic Counselling, Corporate Yoga, Yoga for Senior Citizens and Yoga for Special Kids.
- Falguni has several degrees and certificates on various disciplines and is very eager to share and teach everyone who wishes to learn and improve their quality of life.
- She has conducted several corporate and individual seminars and classes on the above-mentioned branches in India and internationally.
- Ms. Falguni is a recipient of several awards and recognitions.

The entire course is over a 3 week period, starting on Saturday, Apr 23rd, 2022.

- The first session will be an interactive zoom session, where Ms. Falguni will give an orientation from 10 am to 11 AM, EST, on Saturday, Apr. 23rd.
- After that 3 lessons per week (total of 8 lessons) will be shared with the registrants by email for the next 3 weeks. (The lessons will be available for a 3 month period).
- At the end of the 3 weeks, another live zoom session will be held to answer all your questions.
- The e books, recipes and diet plans are free for you to keep.

**Registration Link :** https://us06web.zoom.us/meeting/register/ tZEpceisqj4jGdMJppG9LMiUxv61YFF\_4j\_p Give a **GIFT CERTIFICATE** to someone you love for their Birthday / Wedding Anniversary / any significant occasion.

Do you want to celebrate someone's Birthday or Wedding Anniversary or any important occasion? You can now send them a Gift Certificate which would be a donation to Handi-Care Intl. on their behalf. You can select from options to feed the children on that special day or put the money towards buying an assistive device for a child in need or just a general donation. Please CLICK HERE to fill out your form and send the Gift Certificate to someone special on his/her special occasion.

## Current campaigns, requiring your help

#### Sponsor a child in Early Intervention

Help us achieve sponsorship of 100 children from the 'Sponsor 100' project in the <u>Early Intervention</u> program where **4,700 children** are enrolled. With as little as **\$35 per month per child**, you can transform the lives of these children. Your donation will be used for <u>rehab therapies and training</u>. Upon sponsorship, you will receive: Official Tax Receipt, a Photo, profile, and details of initial assessment, Updated progress reports twice a year there after

#### Assistive devices Program - 2022

**Close to 5000** children and youth with various disabilities at Amar Seva Sangam, India, are supported by Handi-Care Intl. Many of them need essential mobility devices and equipment which they cannot afford. This includes hearing aids, walkers, wheelchairs, supportive chairs, orthotics, magnifiers, standing boards, and other assistive technology. Please <u>click</u> <u>here</u> for complete details. We request your support for this much-needed program. The list of beneficiaries and their requirements are listed by name. <u>See the list</u>

Please add our email addresses, <u>newsletter@handicareintl.org</u>, and <u>communication@handicareintl.org</u>, phone number, 647-853-4419 to your contact list so our emails/messages can reach your inbox.

Thank you!

Warm Regards,

Handi-Care Intl. Team

Handi-Care Intl. Registered Canadian Charity #BN889046397RR0001 https://www.handicareintl.org/

Our mailing address is:

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