S. No	Name& Address/Age/Sex/ Disability	Date of Admission M/Dt/Y	Medical History/Family History	Condition During Admission	Present Condition	Current treatment protocol at ASSA:
1	Mr.Pauldurai Mathalamparai 43/M Paraplegia (D10-D11)	12/10/13	He fell down from the tree on Jun-2013 and got Injury to his lower back. He underwent surgical treatment of private hospital .His level as Injury in the spine is D10-D11 .He was a daily labour .He has 4 female children.2 daughters are married .	Mild Spasticity of both legs.     Poor trunk balance     Dependent in all ADL     Activity     Continues Cartelization for Bladder     Weakness of Upper Limb     Stiffness of left shoulder	Leg Spasticity is reduced. Trunk balance is getting improved Upper limb Strength is improved Left shoulder range is improved.	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
2	Mr.Peter Arokiyaraj Vizhupuram 29/M( T12) Paraplegia	09/28/13	Fell down from up stair conservative management of General hospital Chennai. His mother was expired. Father is staying away from his family. Now he is under care of his sister.	1.Severe Spasticity of both legs 2.Poor trunk balance 3. Weakness of Upper Limb	Leg Spasticity is reduced. Trunk balance is getting improved Upper limb Strength is improved He is studying home appliances & Cell phone service course.	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.

3	Mr.Baburajan	09/16/13	He feels down in the drainage	1.Severe Spasticity of both	Spasticity is partially	1. Physiotherapy
3	Tenkasi	09/10/13	canal and got injury to his	legs	reduced	for 3 hours daily,
	Level- C5		neck. Initial treatment done	2.Poor trunk balance	Trunk balance is	including stretching and
			at Trinelveli Government	3.Dependent in all ADL		strengthening
	45/M(Quadriparesis)		hospital. He was a car driver.	Activity	improved.	exercise and
			His wife is house wife. He has	4. Weakness of Upper Limb	HE is doing all ADL	transfer practice.
			one male and female		independently.	2. Yoga and
			one male and remale	5. Flexion deformity of	Finger deformity is	meditation for 1 hour
	MAN AND AND AND AND AND AND AND AND AND A			fingers.	partially corrected.	daily.
						3. Play time with
	A MARINE					other residents
						with spinal cord injuries for 90
						min every
						evening.
						everning.
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4	Mr.Karupaiah	11/01/13	History of feel down from the	1. Severe Spasticity of both	Spasticity is getting	1. Physiotherapy
	Chokkampatti		height and got fracture of D6-	legs and Upper limbs.	reduced.	for 3 hours daily,
	Level-T6-T7		D7 level of the spine. He took	2.Poor trunk balance	Upper limb muscle	including
	57/M (Paraplegia)		conservative treatment in	3.Dependent in all ADL	strength is improved.	stretching and
			private hospital .He has two	Activity	Bedsore is partially	strengthening
	-		male children. Elder son is a	4. Continues Cartelization	healed.	exercise and
			driver. Younger son is a daily	for Bladder		transfer practice.
			labour. Patient was worked as	5. Severe bedsore over		2. Yoga and
			a EB helper.	sacrum and both		meditation for 1 hour
				trochonter.		daily.
						3. Play time with
						other residents
						with spinal cord
	The second second					injuries for 90
						min every
5	Mr Pamasamy	12/27/13	He is Auditor and settled in	1.Severe Spasticity of both	Log Chasticity is	evening.  1. Physiotherapy
٥	Mr.Ramasamy	12/2//13	malasia .He met with car	legs	Leg Spasticity is	for 3 hours daily,
	Karaikudi		accident in 2011 and got	_	reduced. Trunk	including
	51/M (Paraplegia)		accident in 2011 and got	2.FOOI LIUIIK Dalaiice	balance is getting	including

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	(Level-C7)		Injury to his neck. He had dislocation of C6-C7 level and Surgical treatment given at Singapore. After that he developed bedsore over his back region. He under plastic surgery for his bedsore in private hospital Madurai. Then he approached Amar Seva Sangam through one of our discharged SCI Patient	<ul><li>3.Dependent in all ADL</li><li>Activity</li><li>4. Continues Cartelization</li><li>for Bladder</li><li>5. Weakness of Upper Limb</li></ul>	improved Upper limb Strength is improved He is doing 80% of ADL independently.	stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
6	P.Vairamuthu 23/M(Sathur) Paraparesis (Level-T2)	03/19/14	He developed spinal tumour on Nov-2010.Then he gradually reduced the mobility level. He underwent Surgery at Meenachi Mission Hospital- Madurai . He developed dislocation of me while turning in the bed and knee got malunion.	1.Severe Spasticity of both legs 2.Poor trunk balance 3.Dependent in all ADL Activity 4. Dislocation and malalignment of left knee joint.	<ol> <li>Able to stand with help of walker.</li> <li>Spasticity reduced in right leg.</li> <li>Trunk balance is improved.</li> <li>Able to do all the activity independently.</li> <li>We are planning surgery for his left knee.</li> </ol>	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
7	R.Palpandi 29/M(Thiruchenthur) Paraplegia (Level- T3-T4)	09/05/14	Car hit on his back while walking on the road on 2/04/2006. Got of T3-T4 vertebra. Initial surgeon minor Chennai plate & screw. Then Ramachandra hospital. The he comes to here. In	1.Severe Spasticity of both legs 2. Severe bedsore over his 3. Partially Dependent in some of ADL Activity 4. Continues Cartelization for Bladder	<ol> <li>Spasticity slightly reduced in lower limbs.</li> <li>We are planning plastic surgery for his bedsore.</li> </ol>	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice.

			2007 he underwent surgery of dilatation urethra. He developed bedsore on 2009			<ul><li>2. Yoga and meditation for 1 hour daily.</li><li>3. Play time with other residents with spinal cord injuries for 90 min every evening.</li></ul>
8	P.Velmurugan 30/M -Madurai Paraplegia (Leve-T4)	20/03/14	Bus hit on his motor bike on 7/11/2009. Initial surgery MMRC after the 1 year again one surgery of Ravendra hospital –Madurai.	1.Severe Spasticity of both legs 2.Poor trunk balance 3.Dependent in all ADL Activity 4. Continues Cartelization for Bladder 5. Weakness of Upper Limb	1. Able to stand with help of caliper and walking with in the parallel bar 2. Spasticity reduced in both legs. 3. Trunk balance is improved. 4. Able to do all the activity independently.	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.

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9	C.Balakrishnan 24/M- Puliyarai Quardriplegia Leve-C5-C6	06/01/14	He is a driver and educational Qualification 10 <sup>th</sup> Std. He feel down while carrying heavy weight in his head on June - 2012. He got injury to his neck and underwent surgery in government hospital at Tirunelveli. He is from very poor family and his father had mental illness and absconded from the family. Mother is doing daily labour work.	1.Severe Spasticity of both legs 2.Poor trunk balance 3.Dependent in all ADL Activity 4. Continues Cartelization for Bladder 5. Weakness of Upper Limb	1. Transfer activity is improved. 2. Lower limb tightness is partially reduced. 3. Upper limb muscle power is improved. 4. Able to eat with help of assistive device.	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
10	R.Muniyasamy 30/M – Viruthunagar Paraplegia (Level – T3-T4-T5)	28/04/14	He is a lorry driver unmarried and he is educational Qualification 10 <sup>th</sup> Std. He met with lorry accident on 22.02.2009. He got fracture of spine and underwent surgery in Ganga Hospital Coimbatore. After that he developed bedsore in his back region. His father his doing daily labour.	1.Severe Spasticity of both legs 2.Poor trunk balance 3.Dependent in all ADL Activity 4. Continues Cartelization for Bladder 5. Bedsore over left gluteal region. 6. Loss of sensation below hip.	1. Bedsore is healed well. 2. We are planning for vocational training 3. Trunk balance is improved 4. Partially independent in some of ADL.	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
11	R.Velusamy 56/M Kattalai kudiyuruppu	21/03/14	He is a driver. He got Bike accident by direct hit on another bike on 24/06/12 and	1.Severe Spasticity of both legs 2.Poor trunk balance	1. Able to walk with help of walker for 200 meters.	1. Physiotherapy for 3 hours daily, including

	(Level-C5-C6)		injured his neck. He underwent Surgey in Karthika hospital at trinelveli.	<ul><li>3.Dependent in all ADL</li><li>Activity</li><li>4. Weakness of Upper Limb.</li></ul>	2. Lower limb tightness is reduced. 3. hand grip is improved 4. Trunk balance is improved.	stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
12	Mr.Paulraj 44/M – Sivakasi Paraplegia Level-L1	07/05/14	History of fall from height while working in 2008 and sustained burst fracture of L2, and became paralyzed below hip. Initially was treated Thirumangalam Hospital and then underwent cord decompression of rehabilitation in preethi Hospital, Madurai. He got married and has one son, lives with them.	1.Weakness of both legs 2.Poor trunk balance 3.Partially Dependent in all ADL Activity 4. Poor Wheel chair skill.	1. Muscle power is improved is both lower limbs. 2. Able to walk with help of caliper and walker. 3. Trunk balance is improved. 4. He is doing all the ADL independently. 5. Wheel chair skill is improved.	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
13	Mr. Leela Prasath 26/M – Kanchipuram Paraplegia Leve-	07/06/14	He is working as a quality controller in symrise pvt. Ltd had history of hit by a car over his bike in 2012 and sustained dislocation of D6-	1.Severe Spasticity of both legs 2.Poor trunk balance 3.Dependent in all ADL Activity	1.Spasticty is partially reduced bedsore is healing well 2. Trunk balance is improving.	1. Physiotherapy for 3 hours daily, including stretching and strengthening

			vatebrae. Initial as was given in madras medical college hospital Chennai and was transferred to SRM medical college hospital Chennai for further management. There anteralateral thoracotomy, partial corpectomy, stabilization using rib graft, globes vertebral body screw. Were done later developed bedsores and referred to NIEPMED for physiotherapy. He has been rehabilitated in CMC Vellore.	4. Continues Cartelization for Bladder		exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
14	Mr.Kannan 31/M- Sankarankoil Quadriplegia	16/06/14	He got married and lives with his parents. He had history of accidental fall from a moving train Nov -2013 sustained neck and left back paralyzed below neck. First aid was given by a near by hospital and transferred to Rajaji hospital, Madurai. There he underwent ORIF & fusion of fractured vertebra.	1.Severe Spasticity of both legs 2.Poor trunk balance 3.Dependent in all ADL Activity 4. Continues Cartelization for Bladder 5. Paralysis of both Upper Limbs.	<ol> <li>He is trying for rolling activity.</li> <li>Spasticity is slightly reduced.</li> <li>Both upper limb movements is slowly improving.</li> </ol>	1. Physiotherapy for 3 hours daily, including stretching and strengthening exercise and transfer practice. 2. Yoga and meditation for 1 hour daily. 3. Play time with other residents with spinal cord injuries for 90 min every evening.
15	Mr.Manokaran 46/M - Chennai Paraplegia Leve-T1- T2	5/10/14	He was a driver. He slips down from the stairs and injured his spine on 21.10.2001. He underwent conservative treatment of	<ol> <li>Sever e spasticity of both lower limb</li> <li>Poor trunk balance</li> <li>Lack of Co-contraction of trunk muscles</li> </ol>	Spasticity is     minimized to     some extent     Trunk balance is     moderately	1) Trunk balance activity in various position 2) Stretching exercise to both lower limb 3) Wheel skill training

			kilpauk medical college hospital. He also took rehab training in K.K.Nagar Chennai.	4)Poor wheel chair skill	improved 3) Wheel chair propulsion speed is improved 4) Trunk muscle power is improved	4) Spinal muscle Strengthening exercise.
16	S.Visalanathan 22/M Quadriparesis Level (C5-C6)	7/30/14	He met with bike accident on 9-9-2012. He got injury to the neck and fracture of C5-C6 vertebra. Initial treatment was done at Kavari hospital — Trichy. After that he taken into his home and continued physiotherapy. He got severe bedsore at his back region and developed contracture of both hand and legs.	<ol> <li>Severe spasticity of both hand and both lower limbs.</li> <li>Severe bedsore (Grade – III)         Over sacram</li> <li>Fully dependent on others for ADL's.</li> <li>Psychological depression</li> <li>Weakness of both upper limbs</li> <li>Hip and knee tightness.</li> </ol>	1) Spasticity of the lower limbs is partially reduced. 2) He underwent plastic surgery for the bedsore. 3) Upper limb muscle strength is partially improved.	<ol> <li>Psychological counseling</li> <li>Stretching exercise to the both legs</li> <li>Trunk rolling exercises</li> <li>Hip balance activity.</li> </ol>
17	S.Srikaran 24/M Quadriparesis Level (C5-C6)	1/21/15	He is a painter and worked as a contract staff in TVS motor company at hosur. He feeldown from height during work on Aug — 2014 and got injury to his neck. Initial treatment and surgery done at Narayana Hrudalaya hospital at Bangalore. After that he taken into home and continued physio at home. He	2)Weakness of both upper limb 3)Bedsore over sacram 4)Frequent sweating 5)Un control of bladder and bowel. He is using continues catheter	legs	<ol> <li>Sterile daily dressing for his bedsore</li> <li>Psychological counseling</li> <li>Stretching exercise to the both legs</li> <li>Trunk rolling exercises</li> <li>Hip balance activity.</li> </ol>

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			developed bedsore over sacram.		flexion deformities.	
18	P.Muniyasamy 35/M ,Paraplegia Level –D12	10/17/14	fell down on his lower back and injured his spire on June - 1999. Initial treatment done at Meenakshi mission hospital at Madurai then he taken into home. He is from very rural area. He is totally unaware of the disability and totally bedridden after the	2)Leg limb length shortening Rt shorter than Lt leg. 3)Osteomyelitis of sacram bone and continues discharge	strength is	<ol> <li>Strengthening exercise to the upper limb and lower limbs.</li> <li>Stretching exercise to the both ankle.</li> <li>Hip balance activity</li> <li>Sterile dressing to his bedsore</li> </ol>
19	S.Ramamoorthy 38/M Paraplegia	12/8/14	Educational qualification 7 <sup>th</sup> std. He got married and	sacram region.  2)Both ankle planter flexion	healed. 2)Trunk balance is	1)Strengthening exercise to the upper limb and lower limbs.
	Level – D2-D3		having only one child. He feel	deformities.	improved	2) Stretching exercise to

			down from mango tree on Jan – 2009 and got injury to his back. Initial treatment done of Meenakshi Mission hospital, Madurai. After surgery he was fully bedridden in the home and developed bedsore over sacram, greater trochonter and heel of the leg. He is totally unaware of disability and developed all the contractions of the lower limb and psychologically highly depressed,	4)Fully dependent on others for all the activity.	improved	the both ankle.  3) Hip balance activity  4) Transfer activity  5) Sterile dressing to his bedsore.
20	S.Marikannan 28/M	10/11/14 t	He was a electrician .He feel down coconut tree and injury to the lower back on Nov-2012. Immediately be was taken to Madurai Vikram hospital and spine surgery was done at L1 level. He was admitted there for 10 days and was taken bone and continued physiotherapy for 1 year. After that due to financial problem be could not continue the treatment for 6 months In 2014 Oct 11. He was admitted in Amar Seva Sangam.	1) Severe contracture of both hip and knee. 2) Fully dependent on others for ADLs. 3) Poor trunk balance and bed mobility. 4) Un control of bladder and bowel.	muscle tightness his partially reduced.	<ol> <li>Positioning of both lower limbs.</li> <li>Stretching exercise both lower limbs.</li> <li>Rolling activity.</li> <li>Hip balance activity.</li> </ol>

21	Sebastian 30/M	8/11/14	He was a painting labour married and has three children. He feel down from a tree due to electric shock, on – March – 2014. Initially he was admitted in Sivakasi hospital for 2 days and he was shifted to Tirunelveli Sakthi hospital. He underwent surgery for back (T1 –L1 –Level) and POP for wrist and taken back to home and started physiotherapy treatment for 4 months . He was admitted in Amar Seva Sangam on August 2014.	dysfunction 2)Sensory loss in the lower 1/3 <sup>rd</sup> of both legs. 3)Deformity of both ankles joint.	<ol> <li>Muscle power in lower limb is improved.</li> <li>He can able to walk with B/L AFO and walker for 100 meters.</li> <li>Trunk balance is improved.</li> <li>Fully independent in all the ADL activity.</li> </ol>	1)Strengthening exercise to the upper limb and lower limbs. 2)Stretching exercise to the both ankle. 3) Hip balance activity 4) Transfer activity 5) Sterile dressing to his bedsore
22	Mr.Suresh selvan 36/M Level – C3 – C6	1/9/15	He was worked as a supervisor in a private shipping company. He got married and having two children. He got bike accident by direct hit by a car on Sep – 2014 and injured his neck .Initial treatment taken into Ross Mary hospital at Tirunelveli. Then he shifted into home and continued physiotherapy at home. Later he developed bedsore on his sacram region. Due to bedsore he shifted into Chidambaram hospital at Thisayanvilai. He stayed for 1 ½ month for bedsore treatment then he shifted into Amar Seva Sangam for	both legs.	<ol> <li>Postural         hypotension is         partially reduced.</li> <li>Upper limb muscle         strength is getting         improved.</li> </ol>	1)Standing in tilting table for one hour. 2)Rolling activity in the mat. 3)Psychological counseling. 4)Sitting balance training. 5)Upper limb strengthening exercise. 6)Positioning of lower limbs.

			rehabilitation.			
23	Mr.Gurumoorthy	13.05.2015	He met with Car accident in on 12 <sup>th</sup> 2012. He took treatment in SRM hospital in Chennai. Surgery is done at the level of (C5- C6)	1.Not Able to do independent mobility in bed. 2.Continuous catheter and un control Bowel 3.ADL's poor 4.Hetrotropic ossification in the both hips	1.Able to role in the bed mobility 2.Transfer is done for mobility in the wheel chair 3.ADLs was good and improved	1.Bed mobility exercise 2.Wheel chair training 3.ADL activities training 4.Transfer training
24	Rajamoorthy	26.02.2015	He is fall down from 4 <sup>th floor in 2009.</sup> He is conservative treatment for saudiarabia hospital surgery is done for ananthapuri hospital Kerla	Notable walk spasticity is present in the legs Trunk balance is poor. ADL independent for others. Continuous Catheter bowel uncontrolled.	1. Able to walk with support of KAFO and walker. 2. Spasticity is reduced. 3. Balance is improved. 4. ICC is done 5. Bowel was controlled.	1.Gait training for support of KAFO and walk. 2.Bed mobility activities. 3.Wheel chair transfer activities. 4.Vocational Training
25	Sakthivel	25.03.15	He is fall down from the lamb post for 30.09.2009,. He is conservative management for miot hospital — Chennai. Surgery is done for	Not able to mobility in wheel chair Uncontrol bowel movement. ADL is moderate able to walk with support of KAFO and walker. Burnibg sensation in both legs	1.Able to walk with support of stick. 2.Burning sensation is reduced. 3.Bowel movement controlled . 4.ADL is good. 5.Good skill of wheel chair.	1.Gait training for support of caliper. 2.Wheel chair training. 3.Try Cycle training Transfer training For toilet activity.

26	Subbaiah	01.07.15	History of weight fall on his neck and injured his spine at C5-C6 level. He underwent conservative treatment at govt hospital tirunelveli.	1.Not able walk 2.Un control of bowel and bladder. 3.ADL is very poor. 4.Contracture is present in Both lower limbs	<ol> <li>Contracture is reduced.</li> <li>ADL is improved.</li> <li>Bladder is trained in continuous catheter. Bowel trained in enema.</li> </ol>	1.Weight bearing excercises for both upper & lower limbs. 2.Standing Balance exercise 3.Bed mobility activities. 4.hand grip exercise
27	R.Krishnan	16.03.15	Auto hit on his back while walking on the road in 2007 December.He got injury to his spine.Spine surgery was done at Govt.Hospital,Asaripallam. He is not married.mother is old aged.Father no more.having 3 sisters & 1 brother.Now he is under the care of his brother.He is from a poor family.	1.Bedsore over Sacrum& Lumbar area. 2.Discharge coming from Lumbar area. 3.Both Ankle fixed Plantar flexion deformity. 4.Spinal deformity Kyphosis. 5.Paralysis of both lower limbs. 6.Dependent in all the ADL'S.	1.He went for plastic surgery to his Sacral bedsore and heeled well. 2.Bed <i>mobility</i> is improved. 3.Spasticity is reduced. 4.Trunk balance is improved. 5.ADL is independent.	1. Passive excercises for both lower limbs. 2. Balance training 3. Wheel Chair transfer activities. 4. Upper limb strengthening exercise
28	S.Jafer Ali.	11.08.15	History of bike accident on 24 <sup>th</sup> April 2009.He got injury to his head & spine.Underwent surgery for head at Jipmer Hospital,Pondichery.Then he was shifted to Govt.Hospital,Chennai.Conser vative treatment was given to the spine.He also underwent. rehabilitation both at K.K.Nagar,Chennai &Sahai rehabilitation centre at Coimbatore.		1.Able to walk with the support of KAFO. 2.Balance is improved. 3.ICC training is done. 4.Bowel movement is improved. 5.Spinal scoliosis is reduced.	Bed mobility excercices.Gait training for the support of KAFO & W heel chair.Wheel Chair activities.Tri-Cycle training.Vocational training.Spinal flexion & extension excercices.

A.Lakshmanan	10.09.15	He got married & having 2 children.(1 male & 1 female). His wife is works as a tailor at Koodalur.  History of fall down from the upstair and got injury to his spine at L1 level.Initially conservative treatment at Govt.Hospital,Tirunelveli.The n he was shifted to Chella Suriya Hospital.He also underwent spine surgery there.His educational qualification is 11 <sup>th</sup> . Std.	Proper care was not given to the family by his father.  Mother works as a daily labourer.He is having 1brother.	Able to walk with the support of KAFO.Hip movement is improved.Trunk & Hip balance is improved.	Strengthening excercices for both upper limbs.Gait training for KAFO walker & Elbow sticks.Wheel Chair training.Try-Cycle & Vocational training.
K.M.Shanmugam	22.04.15	History of fell down from height. On 15/7/12.And got injury to the spine,at the level of T1& T2.He underwent surgery at Ganga Hospital,Coimbatore. His wife is a house wife.he has 2female & 1 male children.Son is working at Karpagam College.	Severe spasticity in both lower limbs. Flexion deformity of both the knees.  Bedsore (grade 2)right greater trounon area.  Countinous foley's chatheter. Tight abdominal muscles.  Very poor trunk balance.  Dependent in all ADL'S. Psychological depression.	1.Spasticity is reduced. 2.Trunk balance is improved. 3.ADL is improved.	Passive excercises for both lower limbs. Wheel Chair Training. Balance exercise for both trunk & hip. Strengthenig excercices for both upper limbs.

Mr.Muralitharan 32/M	He is a bathing for kadal and suddenly fell down from sands in 23.01.2006. C4-C5 level. Conservative treatment for Pondicherry Govt hospital. Surgery is done Mother, 3 Sister married He is a married, 1 Male son.	1.S pasticity is present in both lower limb. 2. Knee flexion contracture is present both limb. 3. Elbow flexion contracture is present. 4.Pressuresore present in gluteal region Both side 5.Finger grip Poor 6.ADL's is very poor.	1. Mild spasticity is reduced.Contracture will be reduced in Both lower limb and elbow. 2. Finger grip is little improved 3. He is doing for eating independley.	<ol> <li>Passive stretching Exs.</li> <li>Leg Stretching position maintained</li> <li>Spine movement activities.</li> <li>Maintaing the position for pressure area.</li> </ol>
Mr.Marimuthu 21/M	He is slip from the train in 2015. Suddenly conservative treatment for, trinelveli Govt Hospital in D12 and Rt lower endows knee joint.  One sister un married.	1. Pressure sore is present in lumbar sacral region and Both gluteal region. 2.ADL's very poor 3. Spasticity is present. 4.knee flexion contracture is present in Lt knee	<ol> <li>Knee flexion conservative is reduced.</li> <li>Bedsore wound is healthy.</li> <li>Spasticity is reduced.</li> </ol>	<ol> <li>Passive exercise.</li> <li>Stretching Exs for Lower limb knee.</li> <li>Position maintaining for bed.</li> </ol>
Mr.P.R.Kumar 28/M	He is working for construction in melasia.fall down from the cotton roll. Conservative treatment for A.R.hospital, Madurai T4-T5 surgery is done. Plate is removed after 3 years. Kindly stone is present. Father Mother. Sister married	<ul><li>1.Spasticity is present in both lower limb.</li><li>2. Genus is present.</li><li>3. ADL'S improved.</li><li>4. Unable to walk</li></ul>	1. Genus is reduced in ankle region. 2.ADL's good. 3.Planed for walk with support of KAFO. 4.Planter for surgery in kidney stone.	<ol> <li>Strengthing exs for Both lower limb.</li> <li>Wheel chair training activities.</li> <li>Try cycle training.</li> <li>Vocational aspect trainings.</li> <li>Met activities.</li> </ol>
Mr.S.Sankar 32/M	He is fall down from the height during work. Suddenly conservative treatment for Thiraviam hospital. Surgery is done for L1 level	<ol> <li>Above to walk with support of walker.</li> <li>Quadriceps hamstring muscle weakness</li> <li>ADL is moderate.</li> <li>condom catheter is present.</li> </ol>	1.Quadriceps power is improved. 2.Able to stand with support of elbow sticks. 3.ICC is done	<ol> <li>Strengthening ex's for Quadriceps.</li> <li>Standing ex's</li> <li>Met activities.</li> <li>Vocational training.</li> </ol>